



# GDPR/Consent

## Consent Form

Your privacy is important to us, and we want to communicate with our customers in a way which has their consent, and which is in line with GDPR policy on data protection. As a result of a change in UK law, we now need your consent to how we contact you. Please fill in the contact details you want us to use to communicate with you:

Under the GDPR, individuals have:

The right to access – this means that individuals have the right to request access to their personal data and to ask how their data is used by the company after it has been gathered. The company must provide a copy of the personal data, free of charge and in electronic format if requested.

The right to be forgotten – if consumers are no longer customers, or if they withdraw their consent from a company to use their personal data, then they have the right to have their data deleted.

The right to data portability – Individuals has a right to transfer their data from one service provider to another. And it must happen in a commonly used and machine-readable format.

The right to be informed – this covers any gathering of data by companies, and individuals must be informed before data is gathered. Consumers have to opt in for their data to be gathered, and consent must be freely given rather than implied.

The right to have information corrected – this ensures that individuals can have their data updated if it is out of date or incomplete or incorrect.

The right to restrict processing – Individuals can request that their data is not used for processing. Their record can remain in place, but not be used.

The right to object – this includes the right of individuals to stop the processing of their data for direct marketing. There are no exemptions to this rule, and any processing must stop as soon as the request is received. In addition, this right must be made clear to individuals at the very start of any communication.

The right to be notified – If there has been a data breach which compromises an individual's personal data, the individual has a right to be informed within 72 hours of first having become aware of the breach.

The GDPR is the EU's way of giving individuals, prospects, customers, contractors and employees more power over their data and less power to the organizations that collect and use such data for monetary gain.

Name: \_\_\_\_\_

Address: \_\_\_\_\_

\_\_\_\_\_

Email Address: \_\_\_\_\_

Phone Number: \_\_\_\_\_

By signing this form you are confirming that you are consenting to the GDPR Law in holding and processing your personal data for the following purposes (please tick the boxes where you grant consent): -

I consent to the Training Centre contacting me by

- Post
- Phone
- Email.

In order to

- To keep me informed about news, events, activities and future training opportunities
- To including my details in the 'Training Centre' database.
- To share my contact details with our partners so they can keep me informed about the course progress, progression and other useful events, activities and services that will be occurring in the centre and which are directly relevant to the role I am undertaking;

Signed: \_\_\_\_\_ Dated: \_\_\_\_\_

You can grant consent to all the purposes; one of the purposes or none of the purposes. Where you do not grant consent we will not be able to use your personal data; (so for example we may not be able to let you know about forthcoming services and events); except in certain limited situations, such as where required to do so by law or to protect members of the public from serious harm. You can find out more about how we use your data from <https://ico.org.uk/for-organisations/guide-to-the-general-data-protection-regulation-gdpr/> which provides you with information on the General Data Protection Regulation.



You can withdraw or change your consent at any time by contacting us at;

Courage Consultants UK Limited ,  
Unit 122, 2<sup>nd</sup> Floor, Riverpark Business Centre,  
Riverpark Road,  
Manchester, M40 2XP

Or by emailing us at;

[info@courageconsultants.co.uk](mailto:info@courageconsultants.co.uk).

Please note that all processing of your personal data will cease once you have withdrawn consent, other than where this is required by law, but this will not affect any personal data that has already been processed prior to this point.